

# Good Day To Run



**Count:** 32      **Wall:** 2      **Level:** Beginner

**Choreographer:** Benny Ray (Denmark) July 2011

**Music:** A Good Day To Run by Darryl by Worley. CD: Have You Forgotten

## 4 X DIAGONAL STEP TOUCH

- 1-2      Step forward to right diagonal, touch left next to right
- 3-4      Step back to left diagonal, touch right next to left
- 5-6      Step back to right diagonal, touch left next to right
- 7-8      Step forward to left diagonal, touch right next to left

## R STEP, LOCK, STEP, SCUFF, L STEP, LOCK, STEP, SCUFF

- 9-10      Step forward on right, lock left behind right
- 11-12      Step forward on right, scuff left forward
- 13-14      Step forward on left, lock right behind left
- 15-16      Step forward on left, scuff right forward

## STEP, ½ TURN, STEP, HOLD, TRIPLE FULL TURN R

- 17-18      Step forward on right, make ½ turn left
- 19-20      Step forward on right, hold
- 21-22      Make ½ turn right stepping back on left, make ½ turn right stepping forward on right
- 23-24      Step forward on left, hold

## RUN FORWARD, TOUCH, RUN BACK, TOUCH

- 25-26      Step forward right, step forward left
- 27-28      Step forward right, touch left next to right
- 29-30      Step back left, step back right
- 31-32      Step back left, touch right next to left