

This & That

Count: 32

Wall: 4

Level: Beginner

Choreographer: Gary Lafferty

Music: "Woman" by Mark Chesnutt 140bpm , available on album "Rollin' With The Flow"

Floor Splits: "One Step Forward"

Intro: 16-count intro

STEP RIGHT , TOUCH , STEP LEFT , TOUCH ; SIDE , TOGETHER , FORWARD , TOUCH

1-2 S tep to Right on Right foot , touch Left foot beside Right
3-4 S tep to Left on Left foot , touch Right foot beside Left
5-6 S tep to Right on Right foot , step on Left foot beside Right
7-8 S tep forward on Right foot , touch Left foot beside Right

STEP LEFT , TOUCH , STEP RIGHT , TOUCH ; SIDE , TOGETHER , BACK , FLICK

1-2 S tep to Left on Left foot , touch Right foot beside Left
3-4 S tep to Right on Right foot , touch Left foot beside Right
5-6 S tep to Left on Left foot , step on Right foot beside Left
7-8 S tep back on Left foot , flick Right foot forward

RIGHT COASTER STEP , BRUSH ; LEFT STEP-LOCK-STEP , BRUSH

1-2 S tep back on Right foot , step on Left foot beside Right
3-4 S tep forward on Right foot , brush Left foot forward
5-6 S tep forward on Left foot , lock-step Right foot behind Left
7-8 S tep forward on Left foot , brush Right foot forward

JAZZBOX with ¼ TURN to RIGHT ; EXTENDED WEAVE

1-2 C ross-step Right foot over Left , step back on Left foot
3-4 T urn ¼ Right stepping forward onto Right foot , cross-step Left foot
over Right
5-6 S tep to Right on Right foot , cross-step Left foot behind Right
7-8 S tep to Right on Right foot , cross-step Left foot over Right